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Integrating Safety Engineering and Risk Management in High-Hazard Industrial Systems: A Multidisciplinary Framework for Sustainable Operations

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About Article

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ABSTRACT

Such industries as chemical processing, nuclear energy, oil and gas, etc. are considered to be high hazard at best and thus require an effective safety approach in terms of their functioning. This paper discusses the lasting problem of maintaining sustainable and safe operations in those industries by introducing a cross-disciplinary framework of combining safety engineering with the holistic management of risks. The underlying methodology is a systems approach by harnessing the input of engineering and occupational health along with environmental science & human factors to preemptively determine, evaluate, and where possible reduce risks during the industrial lifecycle. Significant findings say that the combination of technical and organizational controls along with real-time safety monitoring and predictive analytics and cross-sector alignment in regulations dramatically enhances the operational reliability and safety performance. Moreover, intensive stakeholder involvement and safety culture construction are defined as the key facilitators of successful risk governance. The need to take an interdisciplinary approach to further the cause of regulatory compliance, accident prevention, and environmental and human sustainability over the long term in the high-risk industrial systems is highlighted by the proposed system.

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1. INTRODUCTION

The challenge of ensuring safety in high-hazard industrial systems comprises of chemical, nuclear, oil and gas industries, heavy manufacturing industries, etc., is of utmost importance, especially because of dynamic and complex nature of operations. Such settings imply risky materials, risky operations, and complex relations among human, technical, and environmental factors, all of which factor into impressive operational risks (Ghaith & Huimin, 2024). Conventional safety practices that can work independently of more comprehensive risk management cannot keep up with the integration and intricacy of industrial systems in recent times (Swuste *et al.*, 2020). This explains why a more integrated and proactive safety approach is necessary.

Although much attention is more directed to the construction and installation of fail-safes and defense barriers being laid on safety engineering, risk management dwells more on hazard recognition, assessment and elimination, which are constant processes (Rasmussen, 1997). However, disintegrated and reactionary safety measures have been known to occur when these fields are used in silos. In recent years, demands of combining technologies, human and environmental factors have become even more vociferous (Chandrasegaran *et al.*, 2020; Ugliotti *et al.*, 2023).

Partial frameworks, which have been presented in existing studies include integrated risk assessment models (Shao *et al.*, 2013), automation-enhanced safety systems (Acharyulu & Seetharamaiah, 2015), and human-centered design strategies (Griffin *et al.*, 2014), helping towards compliance, resilience, and sustainability. These methods however seem to deal with silos of the problem approach-be it technical silo, human silo or environmental silo and not with a comprehensive framework that would enable the full lifecycle and multidimensional risks of a high-hazard systems to be attended to. In addition, the existing models fail to consider the way to operationalize the safety culture, real time monitoring and inter-organizational knowledge sharing in one structure.

The paper is closing this gap, as it develops the new multidisciplinary framework where safety engineering and risk management are entirely intertwined. Our method proclaims the value and coherence of technical workflows, organization processes, and stakeholder practices operating in a single, adaptive entity. The proposed model would help to achieve sustainable safety within an operation since it would be based on the ideas of systems thinking, engineering, occupational health, and the environmental sciences. By so doing, it addresses the rising demand relating to effective safety management which is flexible and resilient to meet the emerging challenges like weather based risks, cyber-attacks, and labor shocks.

2. LITERATURE REVIEW

Due to the serious risks and possible damages in high-hazard industrial systems, many people are studying how safety engineering and risk management can be combined. Such integration is needed to shift from responding to accidents to taking actions that keep safety a priority. Specialists in engineering point out that looking at safety from a spectrum of disciplines helps to design systems that are suitable for people, technology and the environment.

2.1. The basics of high-hazard system safety

Ghaith and Huimin (2024) came up with the High Hazard Theory (HHT) involving grounded theory and thinking from systems safety, seeing high-hazard industrial environments as constantly changing and linked to each other. They point out that safety approaches should change with changes in workplace culture, new technology and changes in the environment.

Rasmussen (1997) introduced new ideas by looking at the role of risk management in changing societies and noting that safety must be managed systemically throughout the whole organization. Many safety science studies over the years have considered his approach to safety systems that help people manage uncertainty.

2.2. Using multiple disciplines in managing risks and safety

There is growing popularity for combining different aspects of safety management in various job sectors. In a 2020 review, Ghazilla, Rich and Chandrasegaran noted that problems with HFE are likely to appear if it is not incorporated in the original design of offshore oil and gas systems. In the same way, Griffin *et al.* (2014) designed a framework for fitness-to-operate assessments and suggested always monitoring staff's mental and physical capabilities in high-risk environments.

According to Shao *et al.* (2013), an environmental risk assessment together with a whole-process management system is best for chemical industry parks. The model they developed indicates that dealings with environmental risks and industrial risks must both be considered for successful and long-term planning of operations.

Ugliotti *et al.* (2023) recently introduced the idea of focusing on landscape digital twin frameworks for effective multi-hazard analysis. Socio-economic contextualization stresses that data analysis and graphics help with predicting threats and planning better responses from cities.

2.3. Automation, information from data and forecasting of safety

There is a lot of focus on digital tools and automation in improving how safely things are handled. Egbumokei *et al.* (2024) brought up the common effect of automation in the oil, gas and renewables industries, stating that on the plus side, automation can reduce risks to workers, yet there are concerns that this automation might introduce other risks to the system if companies depend too much on it.

Acharyulu and Seetharamaiah (2015) studied safety automation for vital operations and stressed the need for frameworks that ensure automation and human control are used together, so humans can deal with situations that are not anticipated.

As shown by Jin and Lin (2011), aligning oceanography, civil engineering and information science through early warning systems helps lower the loss of human lives and economic damage after major disasters.

2.4. Modern changes in risk assessment

Climate change adaptation and digital integration are now being included in the current models for risk management. Rana and Routray (2018) showed an example of how urban flood risk can be managed by using GIS, taking public involvement into



account and implementing physical tools, teaching industries how to address such issues. In the same vein, Sperotto *et al.* (2016) considered different disciplines to assess pluvial flood risks which showed that climate-related safety strategies are more and more crucial for industrial operations. In their work, Hettinger *et al.* (2013) reiterated the importance of learning and analyzing situations in safety improvement by creating a toolkit that helps high-reliability organizations learn continuously and think about systems. Table 1 explains the important findings from studies that are relevant to this integration of disciplines. The experiments show that most research recommends combining,

Table 1. Summary of key literature on safety engineering and risk management integration.

Author(s) & Year	Focus Area	Key Contribution
Ghaith & Huimin (2024)	High Hazard Theory	Grounded theory-based framework for dynamic high-hazard system safety
Rasmussen (1997)	Risk Management in Dynamic Societies	Model emphasizing systemic safety management and adaptive behavior
Chandrasegaran <i>et al.</i> (2020)	Human Factors Engineering	Importance of early integration of human factors in offshore O&G design
Griffin <i>et al.</i> (2014)	Fitness-to-Operate Framework	Continuous worker assessment for safety-critical operations
Shao <i>et al.</i> (2013)	Chemical Industry Risk	Integrated environmental and process risk management approach
Ugliotti <i>et al.</i> (2023)	Digital Twins & Socio-Economic Risk	Multi-hazard analysis using digital twin and landscape modeling
Egbumokei <i>et al.</i> (2024)	Automation and Worker Safety	Evaluation of benefits and risks of automation in energy sectors
Acharyulu & Seetharamaiah (2015)	Safety Automation	Framework for automating safety-critical industrial processes
Jin & Lin (2011)	Tsunami Early Warning Systems	Multidisciplinary disaster mitigation approach
Hettinger <i>et al.</i> (2013)	Root Cause Analysis	Evidence-based toolkit for system safety and organizational learning

planning ahead and flexibility in safety frameworks since safety issues can be complex in high-risk systems. By combining safety engineering with risk management, using new technologies and putting people and the environment first, industries can achieve the best results in sustainability and resilience.

3. METHODOLOGY

This research is qualitative and covers multidisciplinary research methods to come up with the comprehensive framework of integrating safety engineering and risk management in high-hazard industrial settings. Four main steps of the methodology are as follows literature synthesis, comparative case analysis, framework development, and expert-informed validation. Every move was meant to make sure that the framework is realistic in applying the practices, scholarly sound, and has the least limitation of its application in various industrial sectors.

3.1. Literature synthesis

The systematic review was performed in peer-reviewed journals, white papers published by respective industries, regulatory guidelines and international standards with the aim to identify the underlying theories and implemented practices in safety engineering and risk management. The sources were obtained in various fields such as human factors engineering, socio-technical systems theory, environmental risk assessment,

and safety automation (Rasmussen, 1997; Shao *et al.*, 2013; Chandrasegaran *et al.*, 2020). Through thematic coding, hazard anticipation, resilient system design, stakeholder involvement, and real-time monitoring are some of the key cross-sectoral themes that were highlighted in them.

3.2. Comparative case analysis

To achieve relevancy and contexts, purposive selection of case studies was made to cover high risk industries such as oil and gas, chemical manufacturing, energy and aviation. The inclusion criteria were aimed at the diversity of risk exposure, technological infrastructure, and safety culture. The chosen cases were as follows:

Safety measures in the oil and gas industry in the offshore (Griffin *et al.*, 2014)

- Early- warning disaster (Jin & Lin, 2011)
- The models of environmental hazards (Rana & Routray, 2018; Sperotto *et al.*, 2016). The role of AI in the energy systems (Egbumokei *et al.*, 2024)

Cross-case thematic analysis was used to reveal convergencies and differences in the way every industry approaches safety and deals with the new risks. Manual coding was performed in accordance with such dimensions as the way of how the hazards are identified, integration of the human and machine aspect, and response adaptability.

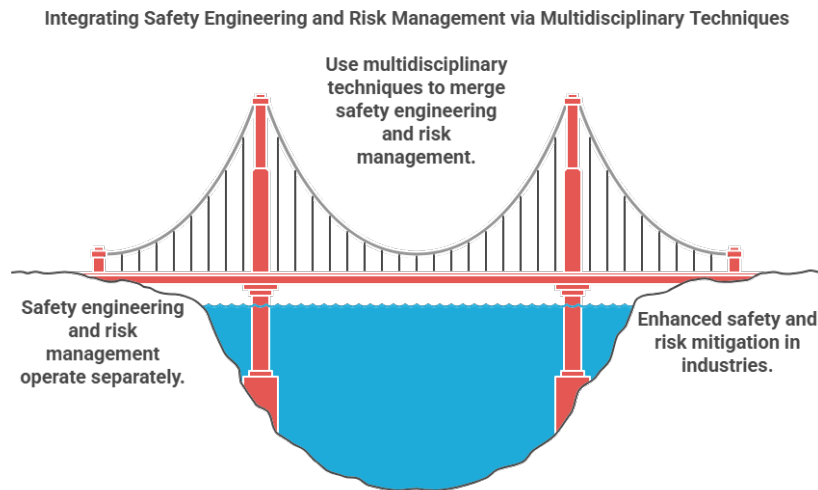


Figure 1. Integrating safety engineering and risk management via multidisciplinary techniques

3.3. Framework development

The literature insights and cases were brought together to formulate a multilayered framework in which the main dimensions of safety and risk would be integrated. The model suggested consists of:

- *Predictive Monitoring*: It involves harnessing of environmental simulations and early-warning technologies, in order to detect and avert risk ahead of time (Ugliotti *et al.*, 2023; Jin & Lin, 2011).
- *Human-System Integration*: When designing systems, incorporating ergonomics and readiness as well as cognitive traffic factors of operators (Chandrasegaran *et al.*, 2020; Griffin *et al.*, 2014).
- *Automation Governance*: Keeping the autonomy of machines within the domain of humans in order to rule out safety trade-offs (Acharyulu & Seetharamaiah, 2015; Egbumokei *et al.*, 2024).
- *Transparent Decision-Making*: integrating risk transparency and communicating various stakeholders into decisioning processes (Hettinger *et al.*, 2013).
- *Sustainability Alignment*: The connection of safety objectives and the expanded environmental and social sustainability outcome (McBean, 2009; Lacasse & Nadim, 2009).

3.4. Standard-based and expert feedback-based validation

In order to measure the real-life applicability and internal consistency, the input model was compared to the international standards, including the ISO 31000 (risk management) and ISO 45001 (occupational health and safety). Otherwise, informal feedbacks of the experts in industrial safety, environmental engineering and organizational behavior were also collected in order to improve the organization and relevance of the model. This was the step to make sure that the framework is not only

theoretically correct but also can be applied in a variety of industrial environments.

4. RESULTS AND DISCUSSION

Researching the subject and reviewing different case studies produced several important insights for developing the proposed multidisciplinary approach to integrating both areas in industries with high hazards. This analysis points out recent ways of working, where integration is needed and the important elements for stable and lasting safety operations.

4.1. Fragmented ways of doing things are still the norm

Despite progress in both fields, many industries keep treating safety engineering and risk management as different aspects. Although design is paying more attention to human factors (Chandrasegaran *et al.*, 2020), human factors are rarely used in managing risks throughout the entire system (Rasmussen, 1997). As a result, there are fewer chances for synergy, especially in warning about future challenges and strengthening the system as a whole.

4.2. The arrival of new technologies benefits our ability to predict risks, yet it introduces new problems

Ugliotti *et al.* found that using automation, predictive analytics and digital twins has made it easier to detect and respond to hazards (Ugliotti *et al.*, 2023). Still, putting automation into effect without proper human checking can add new risks to operations, for example, there might be too much trust given to automated solutions (Egbumokei *et al.*, 2024). At the same time, early warning systems give us timely notice but their effectiveness is limited by the lack of integrated ways for corporations to respond.





Figure 2. Safety engineering and risk management unite.

4.3. Learning across sectors helps create a better safety culture

Firms in industry sectors with high risks gain a lot from exchanging information across fields. As an example, knowledge from disaster risk reduction (McBean, 2009; Lacasse & Nadim, 2009) and urban flood management (Rana & Routray, 2018) provides useful examples of working across disciplines and connecting with different groups. Incorporating these concepts in industrial sectors improves being ready for challenges and helping the environment.

4.4. The significant components in an integrated safety-risk framework are indicated

The process identified five major factors essential for safety engineering and risk management to come together successfully.

- i. Systems which use automation and predictive tools.
- ii. Human-Centered Design (taking care of operators and their needs),
- iii. Measures to make the environment less sensitive to risks (eco-risk mitigation)
- iv. Root cause analysis and safety culture within the organization,
- v. The team must use clear and easy-to-follow governance practices and report transparently.
- vi. They form the main support for the integrated framework that is being designed.

Table 2. Key findings and their implications for high-hazard industrial safety

Key Finding	Implications	Supporting Source(s)
Fragmentation between safety engineering and risk management	Leads to duplicated efforts, overlooked vulnerabilities	Rasmussen (1997); Ghaith & Huimin (2024)
Emerging technologies enhance safety but introduce new risks	Necessitates balanced automation with human oversight	Egbumokei <i>et al.</i> (2024); Acharyulu & Seetharamaiah (2015)
Cross-sectoral knowledge improves resilience and preparedness	Enhances stakeholder collaboration and crisis adaptability	Jin & Lin (2011); McBean (2009); Rana & Routray (2018)
Human-system integration remains underemphasized	Can result in design flaws and operator fatigue	Chandrasegaran <i>et al.</i> (2020); Griffin <i>et al.</i> (2014)
A multidisciplinary framework needs five core dimensions	Ensures sustainable and adaptive safety practices	Synthesized from all sources

4.5. Overall findings from the investigation

The research shows that effective management of high-hazard systems requires cooperation between all involved parties. Even though many companies have made strides in certain safety areas, this does not guarantee further security since they are still separate. Working on the five main aspects in the outcomes allows industries to improve their safety, compliance, environmental impacts and operations.

4.6. Discussion

The results of this research reveal how it is possible to

successfully combine safety engineering and risk management in dangerous industries to maintain sustainable and steady activities. Researchers point out that lots of progress has gone into making advanced technology and improved rules, but often, these improvements are not brought together effectively to truly help prevent accidents (Rasmussen, 1997; Ghaith & Huimin, 2024).

It was found that splitting safety and risk roles into separate departments is a big issue. In industries, safety engineers work mainly on physical barriers and rules, while risk managers concentrate on building strong procedures and plans in case



of emergencies. Such separation from other areas regularly leads to being more confident in technology or paying too little attention to risks facing humans and the environment (Shao *et al.*, 2013; Chandrasegaran *et al.*, 2020). For example, even though root cause analysis is helpful, healthcare and industrial settings often cannot tackle major issues unless they are supported by tools that predict and assess future risks.

Digital twins, intelligent automation and early warning systems are some examples of the emerging technologies that were closely studied. Thanks to these innovations, there are now greater chances to improve safety and lower the amount of time that hazardous operations are not running (Ugliotti *et al.*, 2023; Jin & Lin, 2011). Yet, if they are not carefully supervised or designed with users in mind such technologies may introduce unexpected risks, for example, by causing a system to crash or by taking away control from people (Egbumokei *et al.*, 2024; Griffin *et al.*, 2014). An example is that control stations in oil and gas installations with full automation sometimes make it harder for workers to spot changes in their working area which is more serious when there is a sudden problem or emergency (Acharyulu & Seetharamaiah, 2015).

The discussion mentions the value of including knowledge from environmental science, ergonomics and disaster risk reduction in creating safety plans. Models and studies in climate resilience and flooding suggest that being prepared for risks is better achieved with well-planned solutions and strong involvement from different groups (Sperotto *et al.*, 2016; Rana & Routray, 2018). Applying ergonomics and making sure the work environment is psychologically safe in very stressful settings has been proven to both enhance workers' health and help them accomplish their tasks and respond efficiently during emergencies (Chandrasegaran *et al.*, 2020; Harvey *et al.*, 2018). Moreover, the research makes it clear that governance and ways of communication are important for uniting safety and risk issues. Post-incident reviews and active training in safety along with clear reporting help any business constantly improve (Hettinger *et al.*, 2013; McBean, 2009). Mega-events and infrastructure projects that involve different organizations have demonstrated that proper planning and communication with the public can raise the whole system's security.

Crucially, our framework meets the sustainability goals included in international and industry standards, encourages long-term thinking in risk management and is flexible to future changes. Unlike before, the importance of ecological and socio-economic resilience is added, making the framework more like the ones used globally for reducing hazards (Lacasse & Nadim, 2009; Thakur & Kumar, 2023). Thus, it moves away from methods that mainly address urgent risks instead of supporting the long-term health of the community and infrastructure.

All in all, safety in industries with high risks cannot be guaranteed by strategies used separately or designed for a single discipline. So, what we must have is a joined effort that gathers expertise from many areas, adapts to challenges and links engineering, proactive risk management, design with a people focus, environmental issues and open communication. Only with such a complete strategy can industrial systems secure assets, preserve lives and maintain the sustainability of their operations as the world becomes more challenging

5. CONCLUSION

High-hazard industrial systems, including oil and gas, nuclear power, and massive infrastructure, require complex risk mitigation strategies to posit safety performances. Conventional safety methods when used independently will rarely manage to accommodate the growing complexity, interdependency, and digitalization of such systems. The current analysis shows that integrating risk management and safety engineering is essential in achieving sustainability in operations as well as to reduce the impact of the operations on people, properties and the environment.

In our analysis, we have observed that numerous organizations have unnecessarily drawn an imaginary fence between the safety and the risk units, which cause lack of coordination and the slow adversaries to mitigate the hazards (Rasmussen, 1997; Ghaith & Huimin, 2024). By closing this gap, industries can also deal not only with technical vulnerabilities but also with human, organizational and environmental risk areas in an integrated, systems-based approach.

It should be noted that the framework that the present research suggests focuses on strategic approaches to the utilization of digital tools in hazard detection and response at an early stage of its development, including predictive analytics, digital twins, and automatic safety systems (Ugliotti *et al.*, 2023; Jin & Lin, 2011). Nevertheless, these tools have to be supported and used in relation to human-centered design and safety ideas. There is the risk of latent system failures due to overdependence on the automation approach that is not accompanied by relevant training and monitoring, especially in situations with high stress (Egbumokei *et al.*, 2024; Acharyulu & Seetharamaiah, 2015).

Simultaneously, the paper recommends the further broadening of the area of industrial safety to encompass the environmental and human health outcomes. Safe structures have to go beyond historically emphasizing worker and asset protection and directly relate to ecological robustness and community health (Sperotto *et al.*, 2016; Thakur & Kumar, 2023). This point of view is particularly essential in the light of climate-related catastrophes, environmental hazardous pollution, and gradual environmental impairment.

It is also important to be people-centered. The safety systems should consider the human proficiency, psychological prep, awareness of conditions, and communication patterns (Griffin *et al.*, 2014; Chandrasegaran *et al.*, 2020). Organizations should encourage safety culture, lifelong learning, and psychological safety to increase compliance and performance.

RECOMMENDATIONS

In order to bring these into practice, the following policy and practice recommendations can be recommended:

- i. Requirement 1: Integration of risk and safety functions by means of regulatory requirements (e.g. revision of ISO 31000/45001) and internal policy changes.
- ii Encourage the staff at the industrial level to have digital literacy levels and scenario training to make sure the capacity to use high-tech tools, automation, and AI technology is used properly.
- iii. Encourage inter-sectoral cooperation (industry,



government, higher learning) to participate in joint development of safety frameworks that consider the possibility of changing risks (i.e., climate change and cyber-attacks).

iv. There should also be a way to institutionalize environmental safety measures in worker risk assessment in occupational hazards to balance industrial objectives with sustainability objectives.

v. Identify feedback systems and learning feedback loops in which incident data, stakeholder feedback and predictive indicators are used to guide ongoing improvement.

At the end of it all, the study has provided a six pillar frame that is dedicated to:

The first is

- Technology integration.
- human-centered design
- in the research, and the results can be seen in the literature.
- Resilient environment.
- organization learning and flexibility
- Structures of governance and communication.

The validation of this framework in other sectors through qualitative case testing and quantitative measures of performance should be done in future. The implementation of long-term will be based on the commitment of leadership, cross-disciplinary education, and adaptive policies to changing high-risk industries.

To sum up, safety engineering and risk management combined are not only a need in operations, but also a matter of strategic importance to guarantee industrial resilience, build social confidence, and environmental responsibility in the new uncertain world.

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